

Lunch Menu

Served Monday-Friday

12 noon till 3pm

2 Courses for £12

Starters

Houmous & Pitta - Topped with Paprika & Olive Oil **V**

Prawn Cocktail - Served with Bread & Butter **GFA**

Breaded Chicken Strips - With Sweet Chilli Sauce

Mains

Homemade Chilli Con Carne - Served with Steamed Rice & Sour Cream **GFA**

Breaded Scampi - Served with Gastro Chips, Garden Peas, Tartar Sauce & Lemon

Chicken & Chorizo Spaghetti - In a Red Pepper & Chilli Coulis topped with Grated Parmesan

Chicken & Bacon Caesar Salad - Mixed Leaves, Cherry Tomatoes, Cucumber, Peppers & Onion in a Creamy Caesar Dressing topped with Croutons & Parmesan

Sweet Potato, Chickpeas & Red Lentil Curry - Garlic, Onions, Mixed Curry Spices & Chillies in a Creamy Coconut Milk Sauce served with Steamed Rice **GFA VE**

Desserts

Brownie Sundae - Chunks of Brownie, Whipped Cream, Caramel Sauce & a Scoop of Ice Cream topped with Chocolate Sauce **V**

Lemon Meringue Pie - Served with Lemon Crunch Ice Cream **V**

Ice Cream - Two Scoops of Ice Cream of Your Choice **GFA V**

Sandwiches

All Sandwiches are served with Salad & Crisps. Add Gastro Chips for £1

B.L.T - Bacon, Lettuce, Tomato & Mayonnaise on Ciabatta **GFA** £6

Fish Finger - Breaded Cod, Lettuce, Tomato & Tartar on Ciabatta **GFA** £6.50

Sweet Potato Falafel - Falafel, Feta & Sweet Chilli Sauce on Ciabatta **GFA V** £6

Triple Deck Club Sandwich - Bacon, Chicken, Lettuce, Tomato & Mayonnaise on White Bloomer **GFA** £7.50

Jacket Potatoes

Our Jackets are served with a Mixed Leaf Salad. Add Cheese for 50p

Beef Chilli **GFA**

Veggie Chilli **GFA V**

Tuna Mayo & Sweetcorn **GFA**

Baked Beans & Cheese **GFA V**

All Jacket Potatoes are £5.50

V - Vegetarian

GFA - Gluten Free Available

VE - Vegan